



## Permission Form

Dear Parent/Guardian,

Horizons as part of our outdoor education programme would like your child to go sailing in and around Plymouth Sound & River Tamar, aboard either our new Mitchell 31 "Friendship" or our Hawk 20 Sailing Keel boats.

Collection and return of the children to and from Mayflower International Marina has been arranged with your organisation.

Buoyancy aids will be provided and we do have wet weather gear. As it can get very cold on the sea, warm clothing (preferably layered) should be worn and old training (soft shoes) are preferable.

If your child uses an Asthma inhaler or any other medication please make sure they inform us on arrival.

Your school/organisation has been given all the information regarding safety policies and procedures, but if you have any concerns please contact your organisation or Horizons Project Manager.

Horizons (Plymouth)  
5 Richmond Walk  
Devonport  
Plymouth  
PL1 4LL

Horizons Project Manager  
Jon Worster mob 07798733275  
Phone 01752 605800  
e-mail horizons.plymouth@onetel.net

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## Horizons Sailing

I would like my child \_\_\_\_\_ In Class \_\_\_\_\_  
to take part in the activity being undertaken at Horizons Children's Sailing Charity  
Signed \_\_\_\_\_ Parent / Guardian

### Declaration of fitness to take part

Please detail any disabilities or medical treatment being received (if none state none)

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I declare that, to the best of my knowledge, \_\_\_\_\_ is not suffering from epilepsy, giddy spells, diabetes, brittle bones, angina or any other heart condition, is fit to participate in the activity and is confident in water

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please note that sufferers of any of the above conditions will not necessarily be excluded from the activity but the organisers need to know