

# Horizons (Plymouth) *Aims and objectives*

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Horizons is a registered children's sailing charity, our aims are to help disadvantaged and disabled children from the inner city communities of Plymouth.

We provide learning and educational opportunities that increase self-confidence and improve social and practical skills. We develop awareness of local history and the maritime environment through the experience of water-based activities that would normally be beyond their means.

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**We provide:** Primary and secondary school educational sessions, after school sailing clubs, school holidays sailing courses and physical and mental disability boating. Our activities are open to young people of all abilities, some activities require modification to include those with complex disabilities.

## **1. Accessible sailing**

Available to local young people, many of whom live near the water, but owing to financial and social disadvantage have no access to it. We offer two weekly sessions, Thursday evenings and Saturday mornings, using a full range of sailing boats such as Pico's (beginner's single hander), Vago's (advanced trainer) and our two Hawk 20 keelboats.

## **2. Club racing evening**

This is an extension of the Thursday and Saturday sessions, giving keen young cadets a chance to extend their sailing skills by racing against other young people from Plymouth sailing clubs.

## **3. School holidays sailing courses**

During the school holidays we run weekly RYA sail training courses, using our fleet of dinghies and keelboats. The courses cover the RYA dinghy sailing scheme, from absolute beginners all the way up to the more advanced techniques and Assistant Instructor awards.

## **4. 'School time' waterborne activities.**

Every day of the week, during term time, Horizons provides morning and afternoon educational sailing trips for pupils from local schools in the community of Devonport. Allowing them to drive and navigate the boat, touch the water and see the warships. This also gives them the opportunity to learn more about their historic Plymouth and its waterborne environment.

## **5. Activities for people with physical and mental disabilities.**

Using the Tamar 2000 (24ft fishing boat) and our two Hawk 20's (20ft self righting unsinkable sailing keel boat) we offer a facility that enables handicapped people to gain access to the water and if able, can helm and crew both craft. Our new 31ft Mitchell work boat will replace the Tamar with a specific provision for people with profound physical disabilities. This boat will also enable us to extend our working relationship with specialist schools, youth clubs, community organisations, local authority facilitators and projects including Dame Hannah Rogers School Trust.