



Prospectus

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1. Horizons Children's Sailing Charity

Horizons is a registered charity set up in 1991 to take disadvantaged and disabled young people from the inner-city communities of Plymouth afloat. Through the experience of water-based activities that would normally be beyond their means we provide learning and educational opportunities that increase self-confidence and improve social and practical skills. With the increase in facilities and volunteers our programmes have been extended to include family support and have been offered to the wider communities of Plymouth, Devon and Cornwall.

2. Horizons Governance

Horizons is governed by a board of 4 trustees (Maximum 12) and two employees. Horizons is a registered Charity – No. 1096256 and a Charitable Company Limited by Guarantee – No. 4592593. Annual Reports and accounts are sent to The Charities Commission and Companies House.

3. Horizons Accreditations

We are a Royal Yachting Association (RYA) Registered Training Centre, an RYA OnBoard Centre and an RYA Sailability Foundation Centre. We are inspected by the RYA annually for training, equipment, administration and procedures. Through our RYA OnBoard accreditation we are also licensed by the Adventure Activities Licensing Authority (AALA). All staff and Volunteers have a current Enhanced CRB check and have undergone Child Protection, Venerable Adults and Disability Awareness training.

4. Horizons Provides

Horizons takes young people from communities in Plymouth and increasingly the wider areas of Devon and Cornwall. Our daily activities on the historic waterways of Plymouth can be tailored to our customer needs and include:

- In-school educational, leisure and adventurous activities
- Out-of-School (youth club style sailing clubs)
- Sail training courses and leisure sailing during Half Term and Summer Holiday breaks
- Disabled boating activities to include those with complex disabilities and wheelchair users
- Boating for young people from organisations and clubs within and surrounding Plymouth.

Horizons has a 15 Seat Minibus (not a disability bus) and can provide transportation (dependant upon distances and time) for these activities.

5. Horizons support

We support children, families and carers throughout Devon and Cornwall, we have the expertise and suitable equipment to take everyone afloat including those with complex disabilities and wheelchair users.



Disability Support

Horizons volunteers and staff have undergone general disability Awareness training, we do however understand that there are circumstances where specific targeted knowledge would be required for certain groups of disability especially where individuals carers and support workers may not be involved in the activity.

Horizons is in partnership with organisations that can provide this expertise where and when required.

If you represent a club, organisation, school or a group of individuals that require a specific need, or specific resources in place for you to access these facilities please do contact us to discuss your support needs so that we can endeavour to help you.

6. Families, Carers groups and support

We are able to support and provide on-the-water events for extended families, to include Carer groups and Foster families. This allows adults of the group to work alongside and communicate with younger members, learning and developing new skills together.

We are able to provide a safe, fun and caring environment that would enable either the whole family to be involved and partake at many different levels together or by using our partners we would be able to allow families to have a short care break.

Horizons's diverse range of craft are suitable for the youngest and frailest members of the group all the way up to high performance sailing boats which provide exhilaration and fun for the skilled.

7. Horizons Boats

- ***31ft all access motorboat***

We have recently completed a Mitchell 31ft twin inboard engine motor boat "Friendship of Plymouth" that is Marine and Coast Guard Agency (MCA) Coded for passage up to 60miles from the shore and capable of taking the equivalent of 14 adults (by weight). This boat known as Friendship was built for children to be active participants in helming and crewing. The design includes a wide side door that can allow electric wheelchair access with ample wheelchair securing positions and a helm platform that rises to allow wheelchair bound people the opportunity to drive with the wheel, joystick or autopilot as required.

- ***Three Hawk 20 Keelboats***

We have three Hawk 20ft keelboats. These self righting and unsinkable boats are renowned for their build, sea keeping qualities and suitability as teaching and cruising boats, each carries its own auxiliary out board engine. They are capable of taking up to 6 sailors plus an instructor.

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- **Dinghy Fleet**

We also have a fleet of 14 sail training dinghies, single/double handed training craft (Laser Picos) two larger training/cruising dinghies capable of up to 3 people (Laser Bahia's) and three two man race training dinghies for teaching advanced techniques, trapezing and spinnaker skills.

- **Safety Fleet**

There are Two Rigid Inflatable Boats (RIB's) that act as safetyboats whenever dinghies are on the water plus a small workboat that can be driven by the children and works inshore with the Pico dinghies.

8. Horizons locations

All of our admin, boat storage and repairing is carried out at No 5 Richmond Walk, Devonport PL1 4LL.

All sailing and training is run from our classroom and store within Mayflower International Marina – Richmond Walk, Devonport, PL1 4LS.

9. Access

Vehicles and wheelchairs

Mayflower International Marina is fully wheelchair accessible, all the services (toilets and bathroom facilities) and pontoons have been renewed 2010, the long access pontoon to the boats can be steep at extremely low tides but Marina Staff are all trained to assist with wheelchairs. There is ample parking and large bays are available for vehicles with more than one wheelchair.

Age

Horizons out of schools sailing clubs are available for young people from the age of 8 years.

For all other activities please telephone, as the lower age limit can drop to include babies depending upon the activity taking place.

There is no upper limit.

10. Horizons operating times

Horizons sailing/boating season is dictated by the weather and sea temperature. The season is planned to run from April to October,

Monday to Friday - Programmed morning and afternoon educational trips for pupils from local schools, clubs and organisations. Morning sessions are (0930 -1200), afternoons (1230 1500) or a full day (0930 -1500). Afternoon sessions and day sessions timings can be altered to your requirements.

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Horizons operating times continued

Horizons out-of-school clubs run on Thursday Evenings (1700 – 1930) and Saturday Mornings (0900 – 1200). RYA courses and leisure sailing during the half term and summer breaks.

Friendship is afloat all year except for a short yearly overhaul and scheduled maintenance period and is therefore available to any organisation/school from November through to March. There are no planned activities during this period as the weather can be very unpredictable, however we can schedule your outing with flexible dates in mind. We have had some excellent trips during December and January.

10. Horizons operating areas

All activities are highly dependant upon the weather and tides especially if we are using the sailing craft.

Friendship (31ft Motorboat – 12 passengers including wheelchair access)

With a 2 ½ hour session Friendship is capable of going on excursions such as:

- into Plymouth Sound and St Nicholas / Drakes) Island, into the River Plym past the old RAF Mountbatten site of sea planes, flying boats and later an air sea rescue centre (now Mountbatten Sailing Centre), then on past Turnchapel, the base for 539 assault squadron Royal Marines and under the Laira Bridge road bridge and now disused rail bridge.
- Across the Sound and around the breakwater, finished in 1841 and the 1880 Palmerston Fort and on into Cawsands Bay, past Pier Cellars that in 1883 was the site for the Brennan torpedoes, which during WWII was then used for the development and testing of one and two man human torpedoes.
- Up the river Tamar we dodge the three Tamar chain ferries joining Devonport to Torpoint, (Devon to Cornwall) take a trip around the sunken ship and on past the Royal Dockyard, warships and submarines.
- Then on to either: The Tamar suspension bridge and Isambard Kingdom Brunel's 1859 Royal Albert Bridge at Saltash. Underneath on the Devon side at Saltash passage (named after the ferry that originally run between Devon and Cornwall was one of the embarkation point for the American Army for the Normandy D-day landings.
- Or: Past Jupiter point now the Royal Navy's seamanship and boating centre for new entry recruits and on to the quiet lagoon beyond.
- We can go into the River Yealm, taking a sharp turn past the sand bar protecting the river and take a trip up the valley towards Newton Ferris and the many yachts.
- If the weather is not to inclement and the sea state to too rough we can go further out to sea and take a peak around Rame Head, and spy on the National Boatwatch station and the imposing silhouette of the 13th century Rame Church.

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Horizons operating areas continued



Hawk 20 (3 x 20ft Open sailing Keelboats – 6 crew each)

Dependant upon wind direction, tides and weather many of the trips run using our motorboat can also be undertaken in our sailing boats.

Full Day excursions including a crew change at a nominated destination.

- It is possible to organise a full days activity allowing two groups of children to partake in a half days waterborne activity by arranging a pickup point where there can be a crew change over. A few schools have run this very successfully and possible programmes are below.
 - Cotehele, with half a class taking the train and walking down from Calstock station to Cotehele Quay and swapping over at lunch time reversing the procedure. (not normally Hawks sailing)
 - Cawsands/Kingsands, with half a class taking the Cremyll ferry and walking through Mount Edgecombe Woods to Cawsands.
 - Saltash – Millennium quay, Taking the train to Saltash station, or bus etc a walk to the waterfront where you can meet and crew change in the park.
 - If the weather is good we can take a trip up the Yealm and meet with a group that has travelled to Newton Ferris (not normally Hawk sailing)

With many architectural historical buildings, civilian and military establishments to view we also become part of the life of the river meeting a myriad of people that work and play on it.

Voyagers with us may often get an opportunity to see the Ministry of Defence police in their inflatable boats and patrol craft at work in the river. The river hosts many tugs of all shapes, sizes colours and speeds for all types of speciality work. Moored along the river are many different and unusual working and leisure boats, Old Lifeboats now converted, fishing boats as live-a-boards and yachts fast and slow, new and very old. Ferries include cross channel and cruise liners with many warship trip ferries plus the Cawsands and Cremyll regular go to work ferries. The commercial port has tankers, bulk carriers and grain and gravel ships berthed at Victoria Wharf, Cattedown opposite the Customs and Excise patrol boat.

If lucky we get visited by foreign Navy ships and submarines that we can drive around when they are anchored in the sound.

11. Horizons Costs

Horizons as a charity is set up to provide facilities and support for the young people from communities in and around Plymouth, not to make money. All of our activities are provided at cost and is based upon the full use of our boats, i.e. a Hawk is cost effective with 6 young people taking part and Friendship is for 12 per session (a session being half a day approximately 2 ½ hours).

Hawk sailing + 6 young people per session £72 = Cost per child £12 per session, £24 per day.
Friendship + 12 young people per session £144 = Cost per child £12 per session. £24 per day.

HORIZONS (Plymouth) a charitable company limited by guarantee. Company Number: 4592593
Charity Number: 1096256, Registered Office: 5 Richmond Walk, Devonport, Plymouth PL1 4LL



12. Horizons Grant Support

Horizons maybe able to help with grant support for organisations wishing to attend our activities. There are some local and national funders that have supported groups for outdoor activities and the advancement of youth training and development. Please contact us for our most up to date list.

13. Horizons on the water educational and leisure activities

- ***Friendship activities***

Friendship, as described above is a 31ft very stable boat with a cabin, and large open stern deck/classroom. It is provided with a qualified Helm and Crew.

The boat has been designed so that anyone can drive and navigate to any of the possible destinations irrespective of their ability.

This boat allows everyone to appreciate Plymouth (their home town) from a different perspective and gives them the opportunity to learn more about Plymouth's historic past, its history, the waterborne environment and its importance as a port for commerce and the Royal Navy.

All activities carried out onboard are flexible and can be matched to the required outcomes of the organisation or school, whether it be based upon educational curriculum requirements such as History and Geography. Maths (time, distance and depth etc) and Science (weather, hydrodynamics and geological applications) or purely a leisure trip adding perhaps confidence and team building and appreciation of the great outdoors, everything is possible especially helping to make learning fun, practical and effective.

All of this happens whilst learning their boating craft, such as helming, crewing, navigation, man overboard recovery, boat construction and types, engine checks and maintenance, sea etiquette and safety, plus making them responsible for onboard tasks and developing team working.

- ***Hawk Sailing boat activities***

Hawk sailing boats are a 20ft open sailing keelboat. These boats have a reputation for safety and durability. They are unsinkable, self righting and self draining in the unlikely event of a lot of water being shipped in over the side.

These boats are great for outward bound type exercises involving team building and planning and co-ordination skills.

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Hawk sailing continued

For a session (2¹/₂ – 3 hours) these boat can capably take a trip around the Plymouth Sound and to the Breakwater and a look into Cawsands Bay and return, If the wind and tides are amenable we can also go to Saltash. All the Hawks have an auxiliary engine for when the wind drops.

The Hawk is a very hands on boat and there is plenty for everyone to do, the instructor is there to advice and act as a safety number, everyone is encouraged to “Hand Reef and Steer”. With two boats on the river there are plenty of opportunities for competition.

- ***Dinghy sailing activities***

We have a range of sailing dinghies that can be used during term-time enabling the young people to learn the intricacies of dinghy sailing and the aim of any course is that when completed they will be able to handle a small dinghy confidently and safely without an instructor in the boat. So that they may continue with their new skill and develop further we run out of school clubs on Thursday evenings and Saturday mornings throughout the season.

14. Horizons Outcomes

- ***RYA***

We are able to run and to award the RYA Youth and Adult sailing schemes, from complete beginner's courses to the more advanced skills and instructor awards. Understandably these courses all take differing lengths to obtain and achieve, however the courses are modular and can be carried out with a time gap between activities, however overall these types of courses take slightly longer to complete.

- ***RYA Sailability***

The sailability scheme also gives certification to those that cannot through whatever disability gain a certificate from the mainstream courses. These certificates break down boating activities into component parts making all achievable by all but the most severely disabled.

- ***Local***

We can if required develop a local certificate that fulfils a particular gain or required outcome. Perhaps for younger children an I-Spy sheet, colouring in sheet or bird watching chart. Or practical tick off Chart, I have driven a boat, I Have checked an engine, I have hoisted the Ensign and tied up a boat properly ... Or for the older student fact finding sheets, Water based experiments or simple team building/development etc.

- ***Just for the experience***

Outings do not have to be certificated or outcome based. Trips are child centred and designed to maximise their experience and physical enjoyment, whilst giving them a personal and achievable goal in a safe but challenging environment.



16. Horizons contacts plus additional information references

Horizons (Plymouth) known as **Horizons Children's Sailing Charity**

Administration Offices and Workshops address
No.5 Richmond Walk,
Devonport,
Plymouth
PL1 4LL

tel: 01752 605800

e: horizons.plymouth@onetel.net

Web: www.horizonsplymouth.org

Charity Number 1096256
Company Number 4592593

Web Page References

Out of Schools clubs pages

http://www.horizonsplymouth.org/html/out_of_school___clubs.html

Schools activities pages

http://www.horizonsplymouth.org/html/in_school.html

Disability boating

http://www.horizonsplymouth.org/html/special_needs.html

Downloads – Insurance, Risk Assessments, Application forms etc.

<http://www.horizonsplymouth.org/html/downloads.html>

e-News – monthly newsletters for download

http://www.horizonsplymouth.org/html/e_news.html

Royal Yachting Association

RYA Homepage

<http://www.rya.org.uk/Pages/Home.aspx>

RYA OnBoard – developing partnerships between schools and sailing organisations

<http://www.rya.org.uk/programmes/onboard/Pages/default.aspx>

RYA Sailability – The RYA's disability charity.

<http://www.rya.org.uk/programmes/ryasailability/Pages/RYASailability.aspx>



Last seasons Facts and Figures

37 wheelchair users	Attending 184 child sessions
56 Specific and/or complex needs	
71 Learning difficulties and antisocial behaviour (Schools provision)	Attending 188 child sessions
11 Learning difficulties and antisocial behaviour (out of schools clubs)	Attending 78 child sessions

Horizons sailing clubs	163 young people	attending 855 child sessions
Horizons Summer schools	61 young people	attending 424 child sessions
Visiting organisations	156 young people	attending 296 child sessions
9 Primary/Secondary Schools educational trips	372 Young people	attending 931 child sessions
Schools extra activity	72 young people	attending 179 child sessions

Attendees by age		
5-9	363	
10-15	386	
16-17	78	
18+	40	
Total	867	Attending 2929 child sessions

Some of our Users	
Friends and Families of special children	Powerpack
Fun and Freedom Club	Plymouth branch of Carers UK
Leonard Cheshire Homes	Pocklington Trust
Stepping Stones	Southwest multi-cultural BME group
Youth House Forum	Hamoaze House
Dame Hannah Rogers Trust	3 Spirit Youth Project
Halcyon Centre	Housing with Respect
Keyham Green Places	Wolseley Trust
Racial Equality Council	Cargreen YC young sailors

Our Regular School users	
Stuart Road Primary School	High Street Primary School
St Josephs Primary School	Marlborough Primary School
Mount Wise Primary School	Morice town primary School
Drake Primary School	Mount Tamar Special School Seniors
Mount Tamar Special School Junior	Tamarside Community College